

STOP. THINK.

Do you have the right 3G footwear?



Esher Sixth Form College reserves the right to carry out random spot checks. Anyone found to be in breach will be asked to leave the pitch with their team. This is non-negotiable and could ultimately affect any future bookings at the College.

Permitted Footwear



Artificial Ground (AG)

RECOMMENDED

Specifically designed for extra abrasion, these boots usually feature more numerous and densely concentrated studs that vary in height and may be hollowed out.



Firm Ground (FG)

RECOMMENDED

Sole plates feature moulded studs which are evenly dispersed across the foot to offer enhanced traction and comfort.



Hard Ground (HG)

RECOMMENDED

Sole plates made from a harder Thermoplastic polyurethanes compound, for enhanced durability and typically feature slightly shorter, evenly dispersed studs for optimal pressure distribution.



Turf Trainer / Astros (TF)

ONLY WHEN DRY

Feature a solid rubber outsole with numerous, small multidirectional lugs spread across the sole, which offer limited grip in wet conditions.

Forbidden Footwear



Soft Ground (SG)

TEAR THE SURFACE

Sole features removeable screw-in metal studs and typically come in a six-stud configuration, with four at the forefront and two at the heel.



Soft Ground Pro (SGP)

TEAR THE SURFACE

Hybrid or mixed stud, the sole plate has a combination of conical metal screw-in metal studs and moulded studs, most commonly bladed.



Blades

CAN CAUSE INJURY

Sole plates feature multiple, straight slightly shorter, evenly dispersed studs that can restrict movement and turning, which could cause injury.



Flat Sole (indoor) Trainers

NO GRIP & FLATTEN SURFACES

Sole is made up of non-marking materials such as moulded gum rubber and features pivot points, flex grooves and herringbone patterns.